

Creative Cultures 2024
Meals Out Guide and Budget Suggestions

Food ranges in price according to the type of eating establishment. From most reasonable to most expensive, here is a guide to the different types of eating establishments in France:

Bakery: Most bakeries make sandwiches to go at lunch for reasonable prices. This is always going to be your least expensive option. Some bakeries even make quiches and pizzas to go.

Café: Cafes serve hot drinks and often have simple food items such as sandwiches and pastries. Food service is sometimes only at specific hours so make sure you ask before you sit down.

Creperie: A sit-down or takeaway restaurant that serves galettes (savory crepes) and sweet crepes for a reasonable price. This is usually a quicker meal option than most restaurants.

Brasserie: A large, informal restaurant that doesn't require reservations, and may be open all day. The food is typically simple and will feature a special or two each day that are typically French dishes, but the primary offerings are classics like steak and seafood.

Bistro: A Bistro is a small, informal restaurant that will serve a more limited or specialty menu and may only be open for short lunch and dinner service. Hours vary, but lunch often runs from 12:00 to 2:30, and dinner from 7:00 until 10:30 (In Paris, 9:00 in Normandy).

Restaurant: Restaurants can vary from simple to extremely fancy and expensive in France. Traditionally, going to a French restaurant is a long, sit-down meal consisting of several courses. Restaurants are usually open set hours for lunch and then again for dinner and often require a reservation in advance.

Many places will offer a set menu which is a better bargain than ordering stand alone dishes. Look for "le menu du jour" or "la formule" which will offer a dish of the day and several courses at a set price.

Meals Out in Normandy (Including travelling weeks and residential weeks at chateau)

You will need to budget for 17 lunches and 16 dinners in Normandy. Sunday brunch will be provided at the chateau and Sunday dinner we will help you organize a group meal that is paid by the program.

Bakery sandwich/drink: €7 - €10

Café/Creperie: €8 - €15 for an entrée

Brasserie/Bistro: €12 - €30 for an entree

Restaurant: €12 - €30 for an entrée. Set menu between €12 - €30 for lunch and €25 - €50 for dinner.

Normandy LUNCHES ESTIMATED - €119 - €525

Normandy DINNERS ESTIMATED - €160 - €800

Drinks, extra meals courses will add additional cost.

Meal Outs in Paris

You will need to budget for 6 lunches and 5 dinners in Paris. Breakfast at our residence is basic offering toast, cereal, spreads and juice. If you want a larger breakfast, please budget accordingly.

Bakery sandwich/drink: €8 - €12

Café/Creperie: €10 - €15 for an entrée

Brasserie/Bistro: €15 - €40 for an entree

Italian/Pizza Restaurant: €15 - €25 for an entrée

Crepe, pizza, sandwich "Street food" vendors can be found for quick, budget meals. These are often restaurants that have a takeaway window facing the street. Thai, Indian, Chinese, Japanese and Lebanese food in Paris offer some of the best bargain eats in the city.

Paris LUNCHES ESTIMATE - €75 - €250

Paris DINNERS ESTIMATE - €150 - €300

Drinks, extra meals courses will add additional cost.